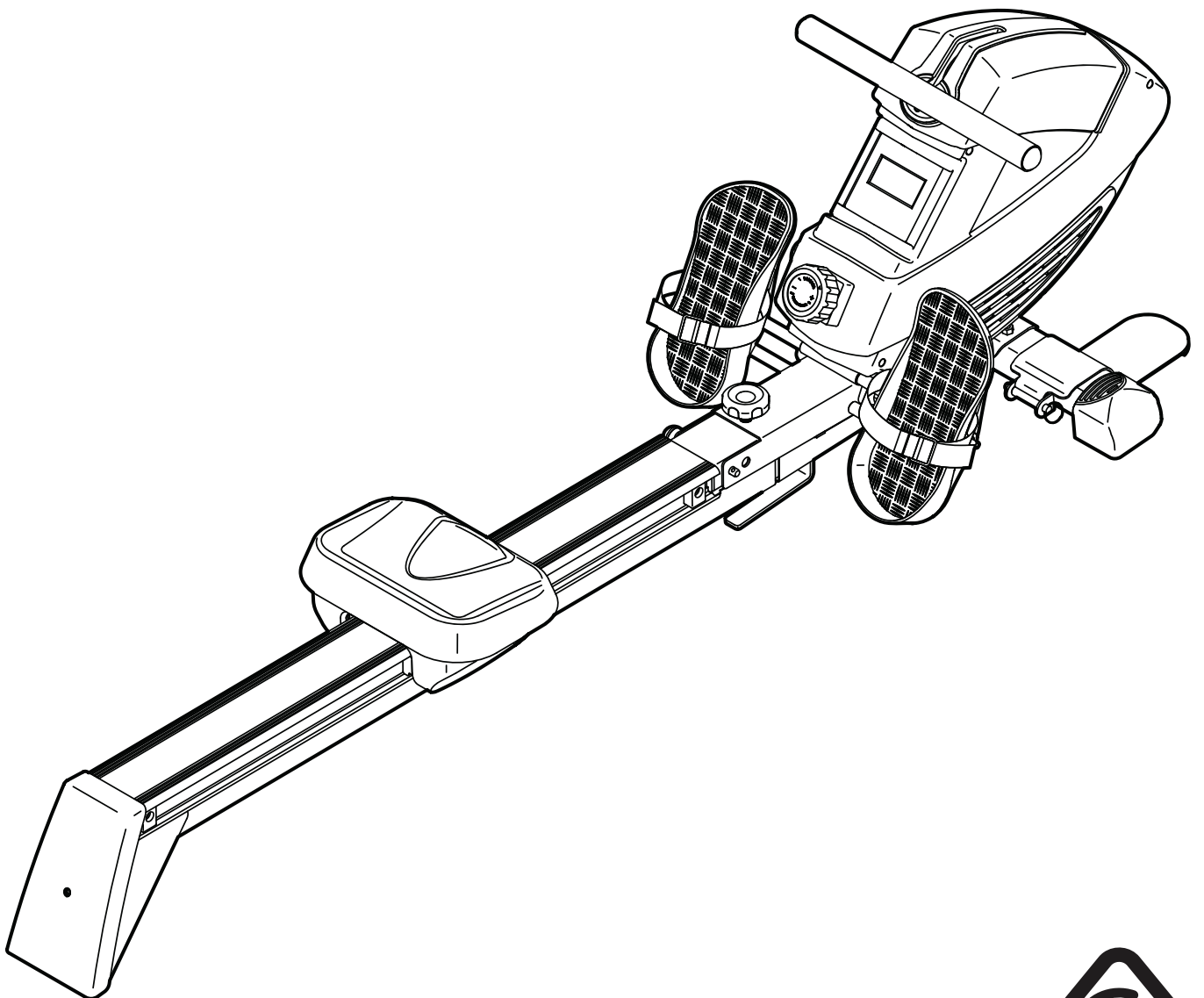




# Magnetic Rowing Machine

S002475  
Instruction Manual



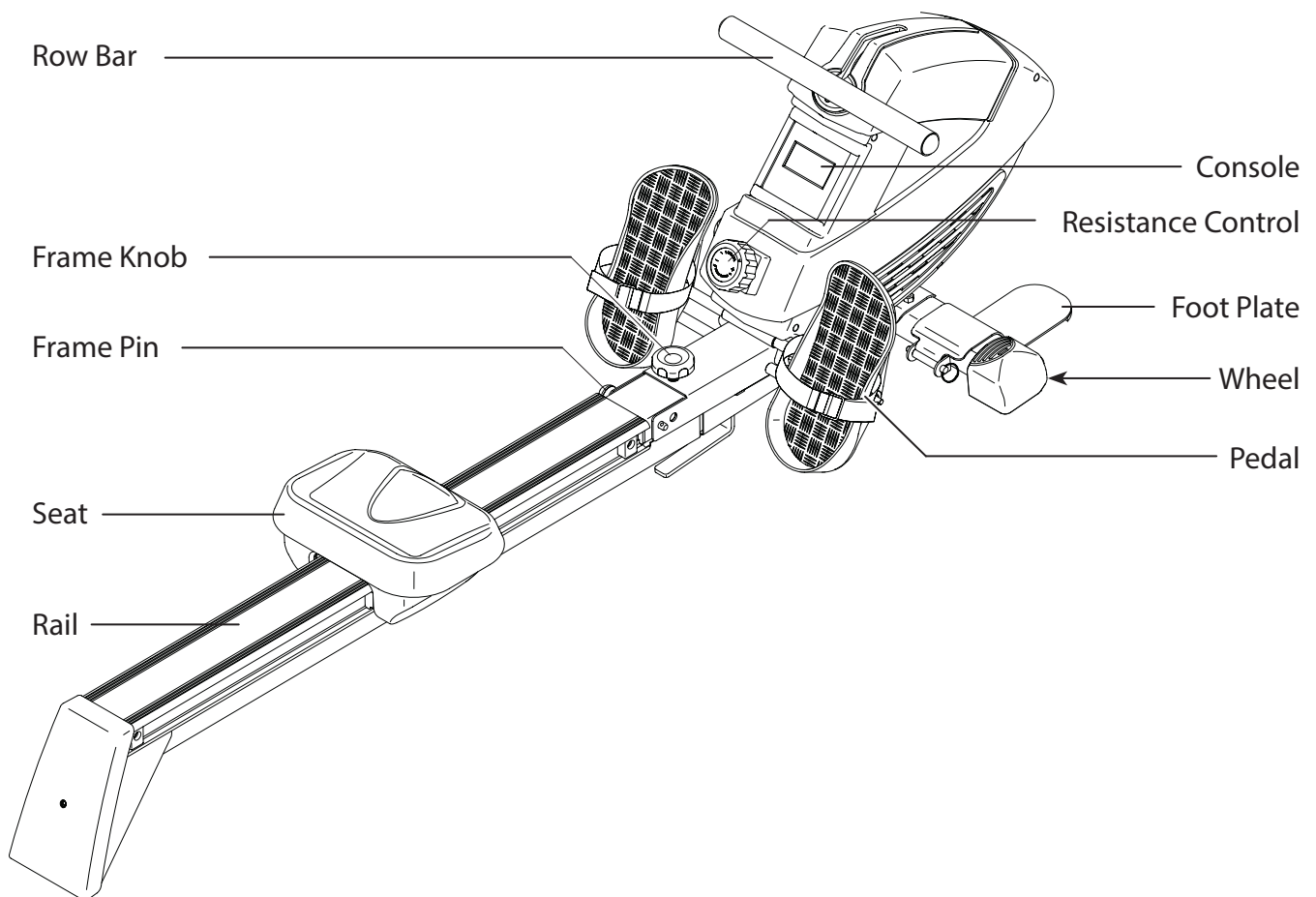
# Contents

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# Getting Started

Before you begin to assemble the product, remove all the parts from the packaging and check that you have every part from the parts list on page 6 and 7. If you are missing any parts please call our Service Centre on 1800 465 070. Once you have checked all the parts, please read through the instructions again carefully and then you are ready to get started. Ensure you assemble the Rowing Machine on a level surface and check that all the hardware is fitted tightly before use.



# Warnings

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To reduce the risk of serious injury, read the entire manual before you assemble or operate this rowing machine. In particular, please note the following safety precautions. Please keep this manual in a safe place for future reference. Any defective components should be replaced or repaired immediately and the rowing machine should not be used until the repair has occurred.

**WARNING:** It is strongly recommended that you consult your physician prior to beginning an exercise program. If dizziness, nausea, chest pains, or any other abnormal symptoms are experienced while using this rowing machine, stop the workout at once and consult a physician immediately.

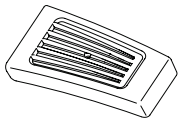
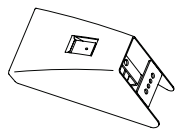

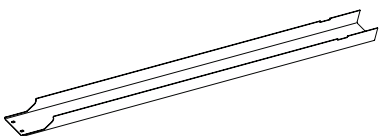
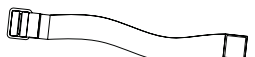
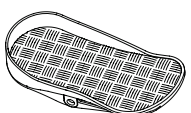

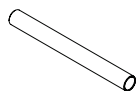
1. It is the responsibility of the owner to ensure that all users of this rowing machine are adequately informed of all warnings and precautions. This rowing machine is not intended for use by persons with reduced physical, sensory or mental capabilities; or lack of experience and knowledge unless they are being supervised by the person responsible for their safety.
2. Keep children and pets away from this rowing machine at all times.
3. This rowing machine is not suitable for persons under the age of 15.
4. The maximum user weight for this rowing machine is 120kg, Class HC, speed-independent system.
5. This rowing machine should be assembled by an adult. During assembly, keep children away from the work area as this rowing machine contains small parts that may cause a choking hazard.
6. Only use this rowing machine as described in this manual.
7. Place this rowing machine on a level surface with at least a 2m diameter of clear space surrounding the unit. To protect your floor, it is recommended that you place an anti-slip mat underneath the rower.
8. Keep the rowing machine indoors, away from moisture and dust. Do not put the rowing machine in a garage, outbuilding, covered patio or near water.
9. Never allow more than one person to use the rowing machine at any time.
10. Always examine your rowing machine before use to ensure all parts are in working order and all of the hardware is fitted tightly.

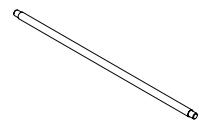
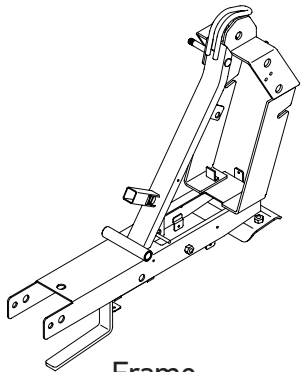
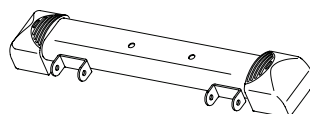
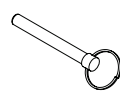

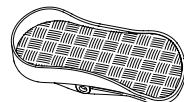

## Warnings (cont)

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11. Always wear appropriate exercise clothing when using the rowing machine, do not wear loose clothing that could become caught. Always wear appropriate running shoes; never use the rowing machine with bare feet, wearing only stockings/socks or in sandals.
12. Care must be taken when lifting or moving the rowing machine, to ensure you don't injure your back. Always use proper lifting techniques.
13. Always keep your back straight while using the rower, do not arch your back.
14. Do not release the row bar while the cord is extended.
15. Care should be taken when getting on and off the Rowing Machine. To get onto the machine, stand on the left side and ensure the left pedal is in the lowest position. Grip the handle bars, place your left foot onto the left footplate and lift yourself onto the machine, stabilizing yourself by gripping the stationary handles. Once you feel stable and secure, lift your right foot over the machine and place it on the right foot plate. Before starting any movement, stand tall, brace your midsection and balance yourself. Start moving by pedaling the legs and moving the arms back and forth in time with the legs. As you push down with your right leg, pull back with your right arm and vice versa. Keep your eyes forward and upper body upright throughout the movement. To get off your rowing machine you must first slow down until the machine comes to a complete stop. Then remove yourself in the same manner you got onto the machine.


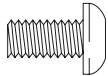
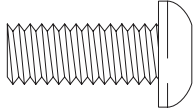
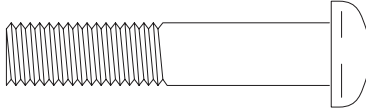

# Parts List


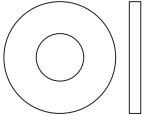
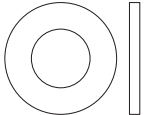
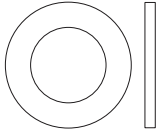
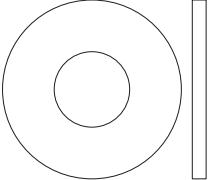
Part No.	Description	Qty
2	 Rear Stabiliser Cover	1
3	 Rear Stabiliser	1
8	 Rail	1
18	 Rail Cover	1
29	 Pedal Strap	2
30	 Right Pedal	1
32	 Pedal Spacer	2
34	 Pedal Stop	2

Part No.	Description	Qty
35	 Stop Rod	1
39	 Frame	1
50	 Front Stabiliser	1
51	 Foot Plate Pin	2
52	 Foot Plate	2
57	 Left Pedal	1
58	 Pedal Axle	1

**NOTE:** Some parts may be supplied pre-assembled.

# Hardware

Part No.	Description	Qty
12	 M5 x 8mm Screw	4
101	 M5 x 10mm Screw	1
14	 M8 x 20mm Screw	2
46	 M10 x 52mm Screw	2
31	 M8 Acorn Nut	4

Part No.	Description	Qty
15	 M8 Split Washer	4
16	 M8 x 20mm Washer	6
47	 M10 x 20mm Washer	2
33	 M13 x 22mm Washer	2
88	 M13 x 32mm Washer	1

**Ruler - Use this ruler to help correctly identify the hardware**



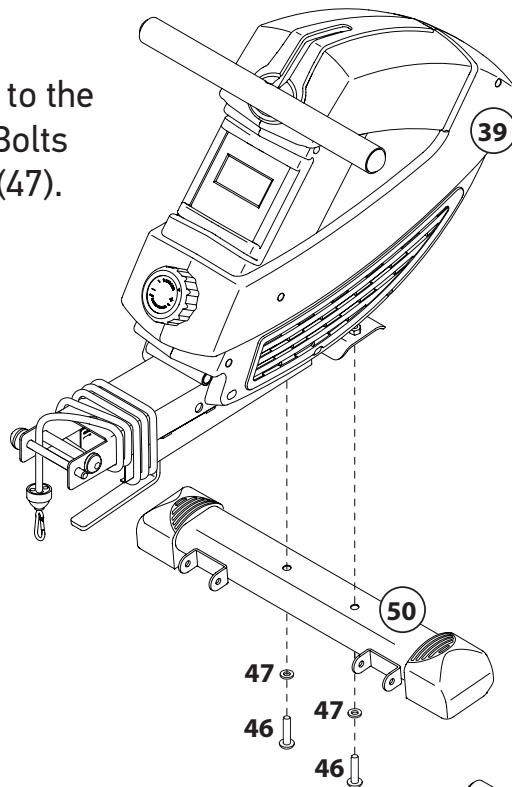
# Assembly Instructions

Find a clean flat surface to unpack and assemble your rowing machine. Prior to beginning assembly, ensure that you have all of the parts listed in the Assembly Parts List and Hardware Identification Chart.

If you're missing any parts, please contact our Service Centre on 1800 465 070 or email [service@actionspares.com.au](mailto:service@actionspares.com.au) to arrange for replacement parts to be sent to you.

## Step 1

Attach the Front Stabiliser (50) to the Frame (39) using M10x52mm Bolts (46) and M10x20mm Washers (47).

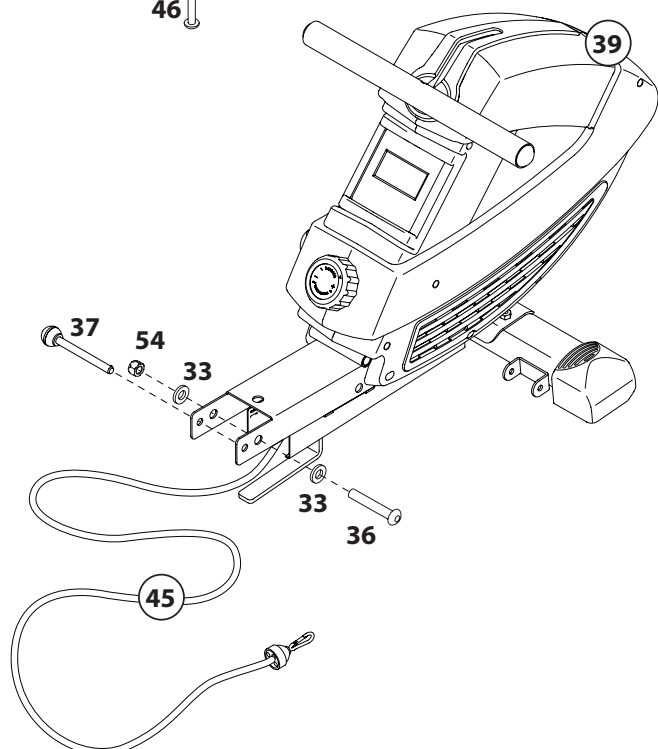


## Step 2

Remove the Frame Pin (37) from the Frame (39). Unwrap the Cord (45) from the Frame (39).

Remove 1/2" Locknut (54), M13x22mm Washers (33) and 1/2"x100mm Bolt (36) from the Frame (39).

**NOTE:** The parts that you removed will be used in later steps.

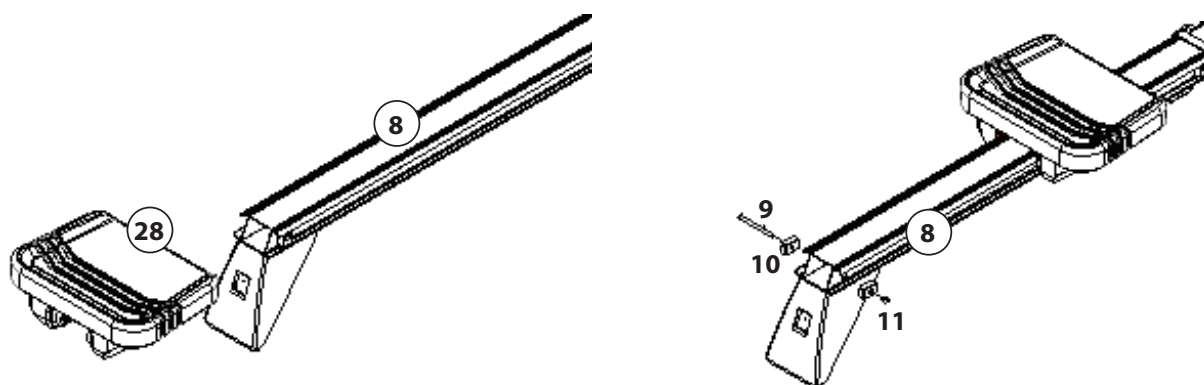


# Assembly Instructions (cont)

## Step 3

Remove the M6x12mm Bolt (9), Carriage Bumpers (10) and Frame Bushing (11) which are pre-assembled on the rear end of the Rail (8).

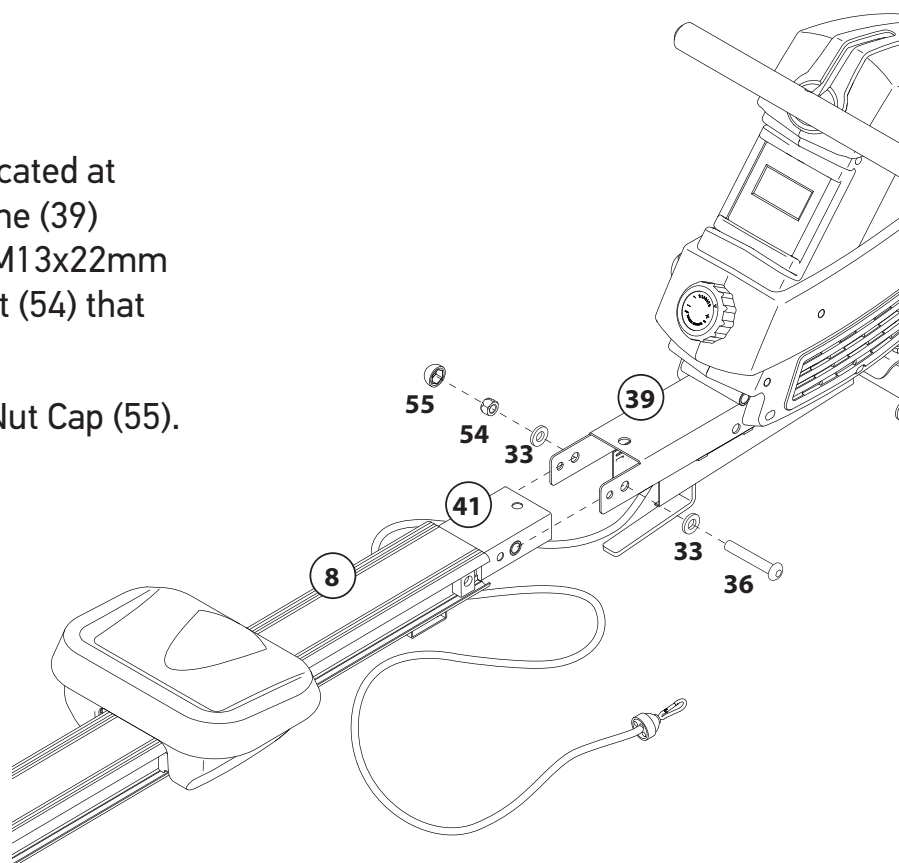
Slide the Seat (28) onto the rail and assemble the removed M6x12mm Bolt (9), Carriage Bumpers (10) and Frame Bushing (11) at the end of the rail.



## Step 4

Attach the Rail Bracket (41) located at the front of Rail (8) to the Frame (39) using 1/2"x100mm Bolt (36), M13x22mm Washers (33) and 1/2" Locknut (54) that were removed in Step 2.

Cover 1/2" Locknut (54) with Nut Cap (55).

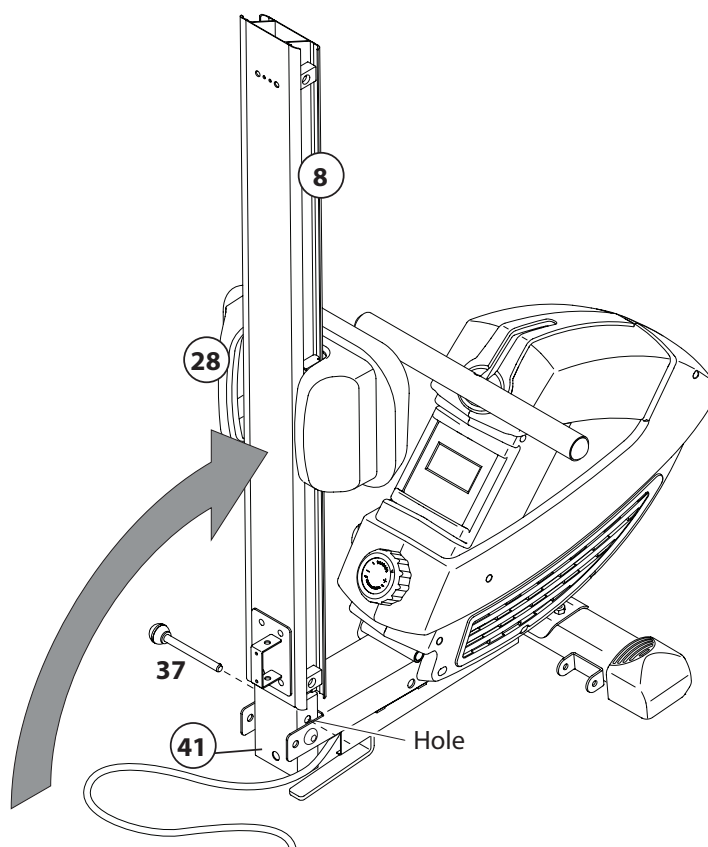


# Assembly Instructions (cont)

## Step 5

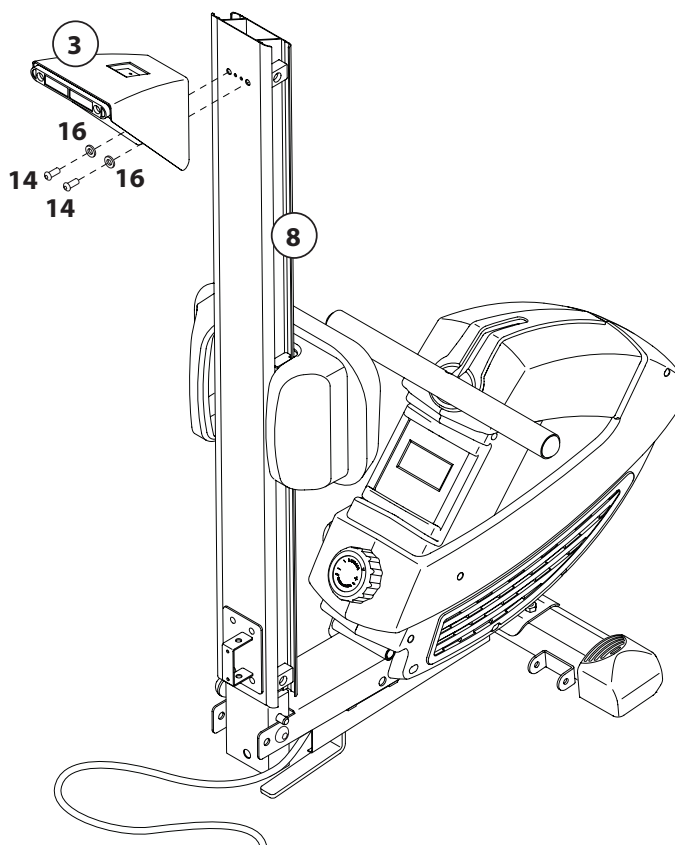
Move the Seat (28) to the front of the Rail (8).

Raise the Rail (8) to the vertical position and insert the Frame Pin (37) into the hole on the Rail Bracket (41), so that it holds the Rail (8) in place.



## Step 6

Attach the Rear Stabiliser (3) to the Rail (8) using M8x20mm Bolts (14) and M8x20mm Washers (16).

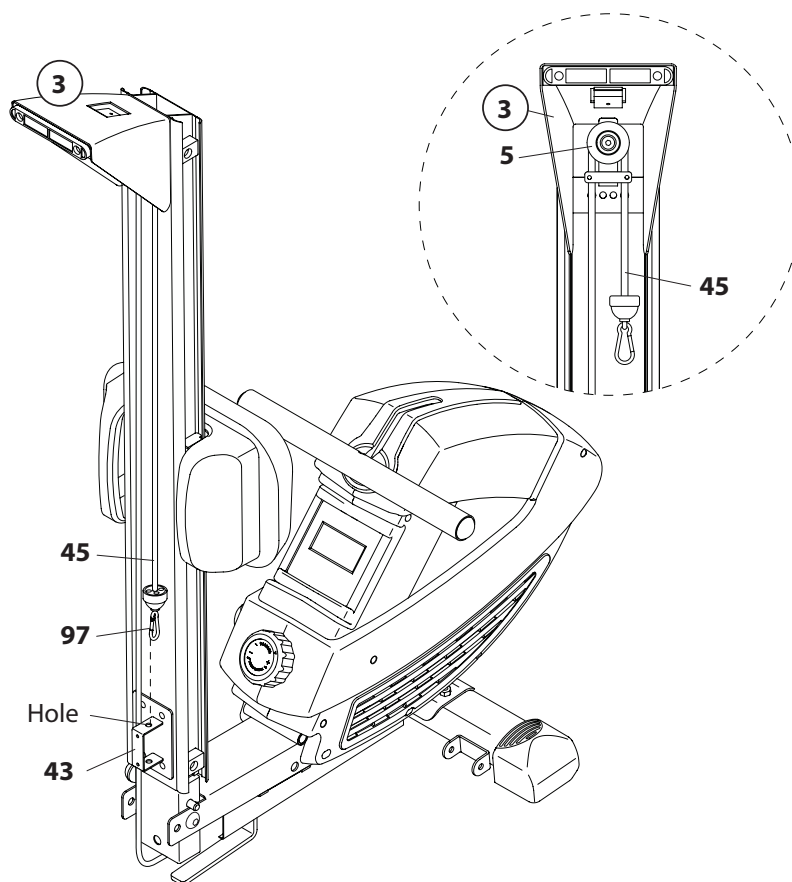


# Assembly Instructions (cont)

## Step 7

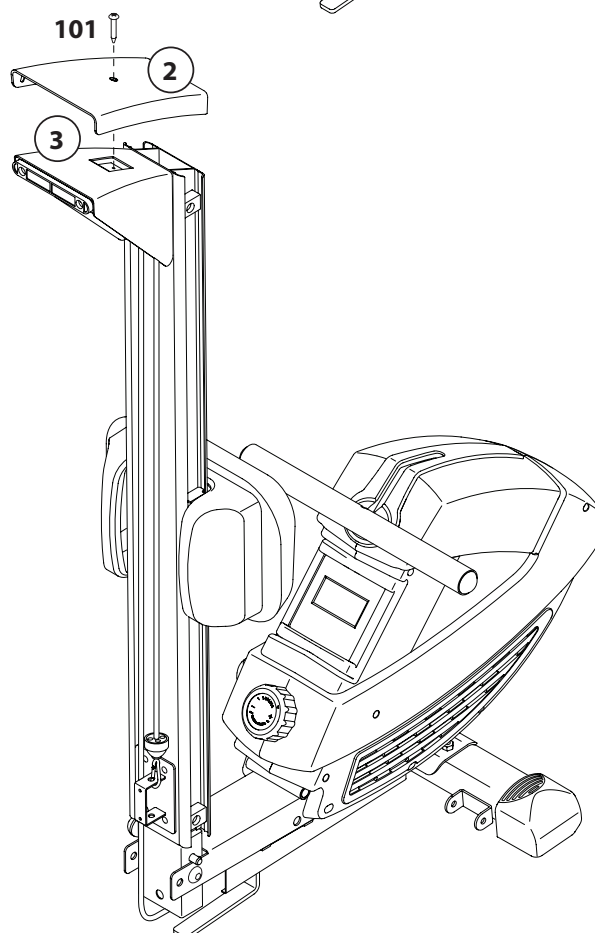
Cut the retaining tie off the cord.

Wrap the end of the Cord (45) around the Small Pulley (5) on the Rear Stabiliser (3). Make sure that the Cord (45) is not twisted and attach the Clip (97) at the end of the Cord (45) to the hole in the Rail Attachment Bracket (43).



## Step 8

Attach the Rear Stabiliser Cover (2) to the Rear Stabiliser (3) using M5x10mm Bolt (101).

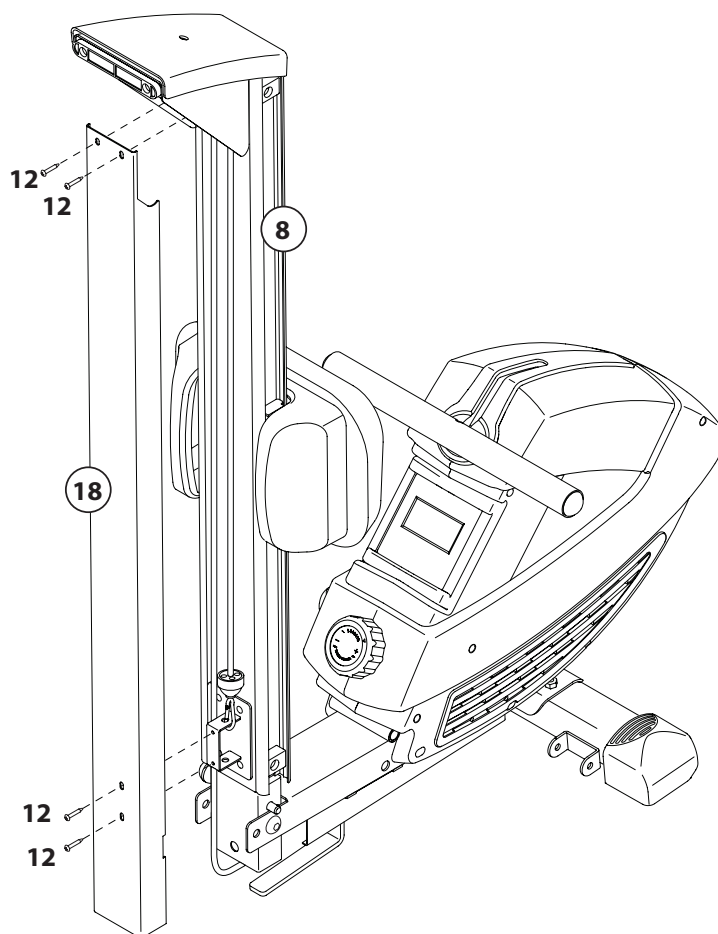


# Assembly Instructions (cont)

## Step 9

Attach the Rail Cover (18) to the Rail (8) and secure in place using M5x8mm Bolts (12).

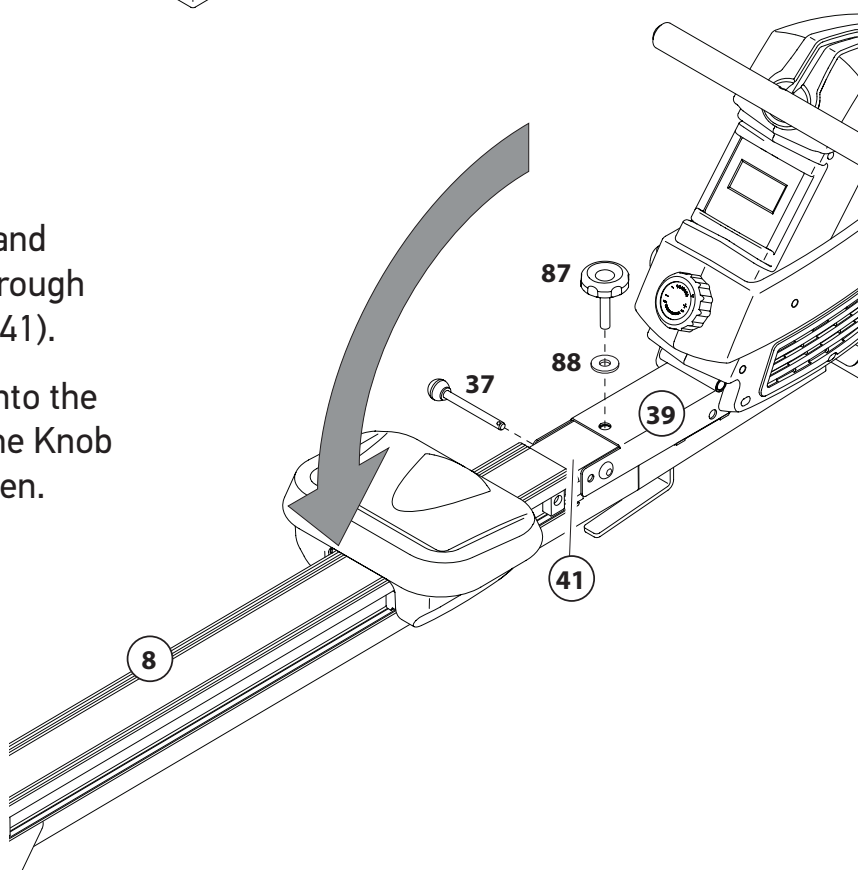
**NOTE:** To attach the Rail Cover (18) you will need to remove the Frame Pin (37). Be careful to ensure that the Rail (8) does not fall over and strike you.



## Step 10

Lower the Rail (8) onto the floor and insert the Frame Pin (37) back through the Frame (39) and Rail Bracket (41).

Place M13x32mm Washer (88) onto the Frame Knob (87), insert the Frame Knob (87) into the Frame (39) and tighten.



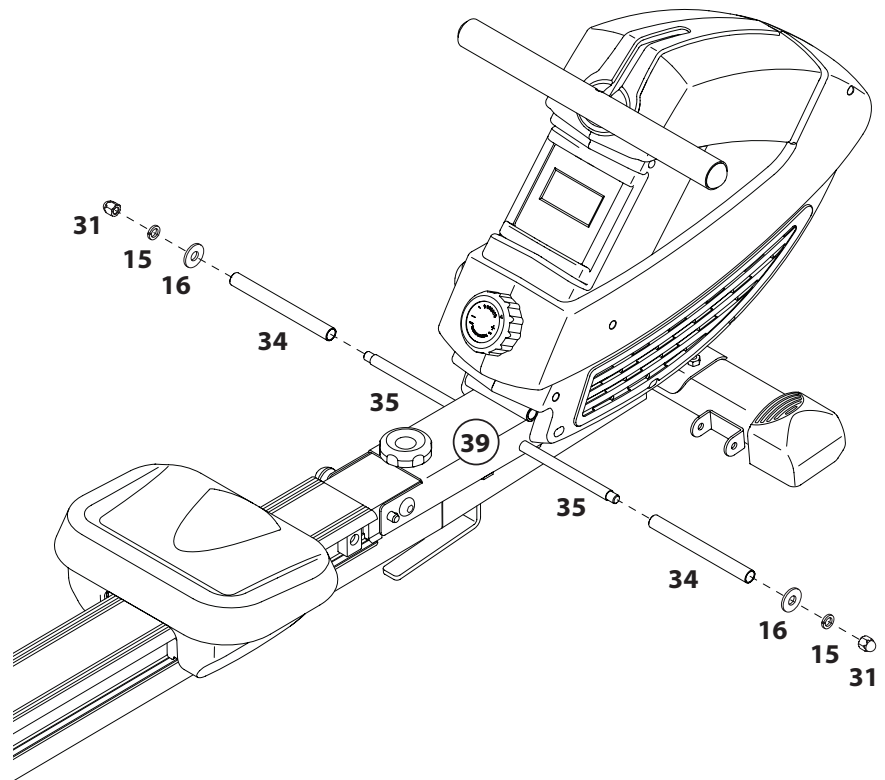
# Assembly Instructions (cont)

## Step 11

Insert the Stop Rod (35) into the Frame (39) and center it.

Place a Pedal Stop (34), an M8x20mm Washer (16) and an M8 Split Washer (15) onto each side of the Stop Rod (35).

Secure in place using M8 Acorn Nut (31) on each end of the Stop Rod (35).



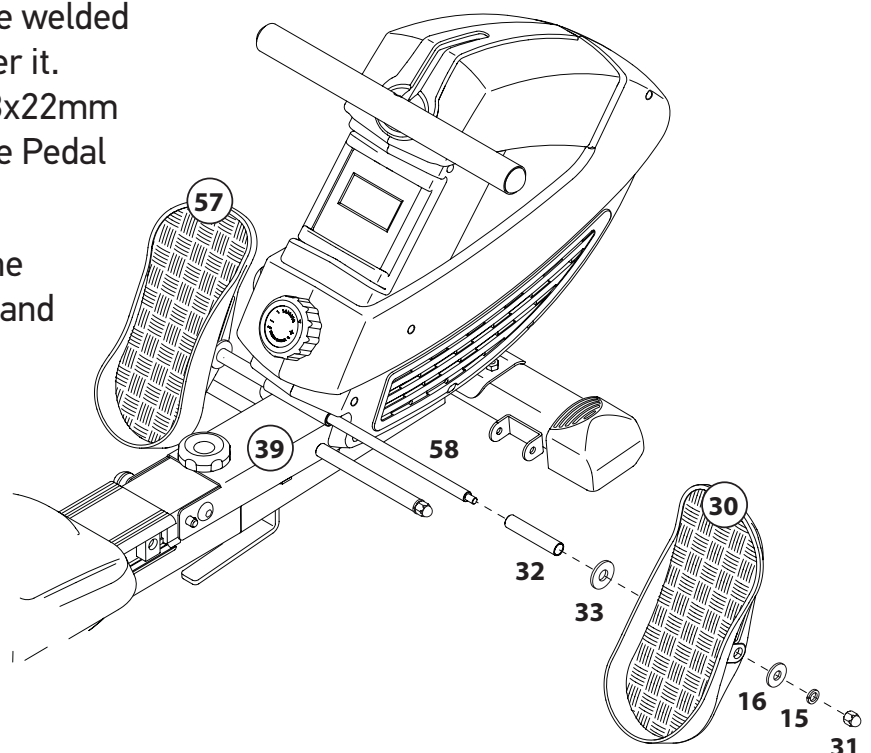
## Step 12

Insert the Pedal Axle (58) into the welded tube on the Frame (39) and center it.

Place Pedal Spacer (32) and M13x22mm Washer (33) onto each side of the Pedal Axle (58).

Slide the Right Pedal (30) onto the right side of the Pedal Axle (58), and slide the Left Pedal (57) onto the left side of the Pedal Axle (58).

Secure the pedals in place using M8x20mm Washer (16), M8 Split Washer (15) and M8 Acorn Nut (31) on each side of the Pedal Axle (58).

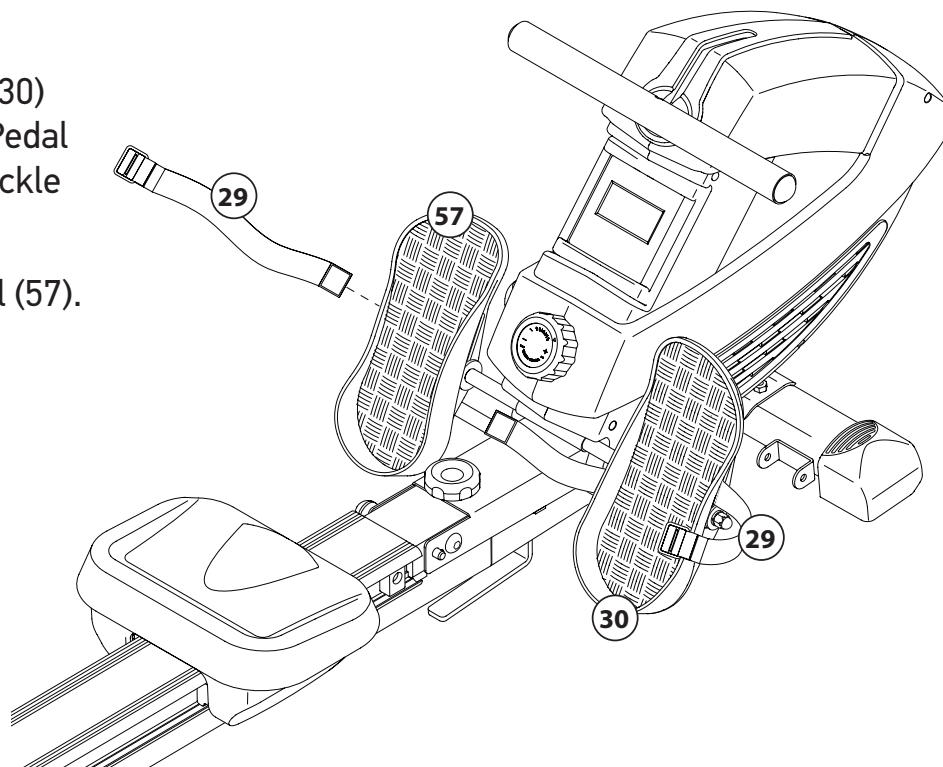


# Assembly Instructions (cont)

## Step 13

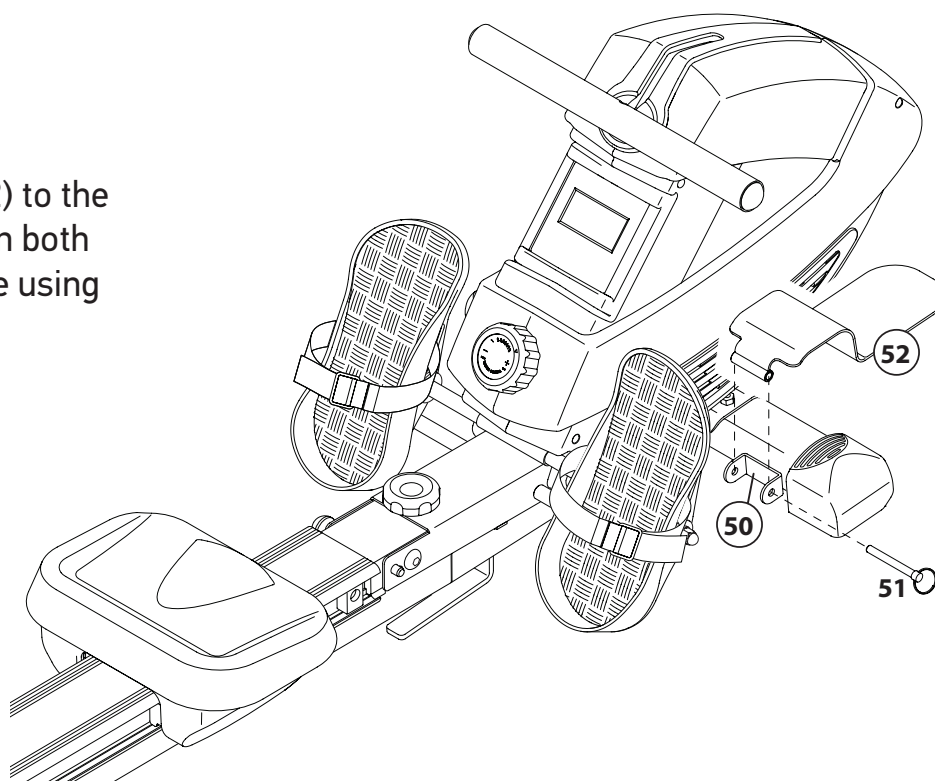
Insert a Pedal Strap (29) through the Right Pedal (30) and wrap the end of the Pedal Strap (29) through the buckle on the Pedal Strap.

Repeat this the Left Pedal (57).



## Step 14

Attach Foot Plates (52) to the Front Stabiliser (50) on both sides using and secure using Foot Plate Pins (51).



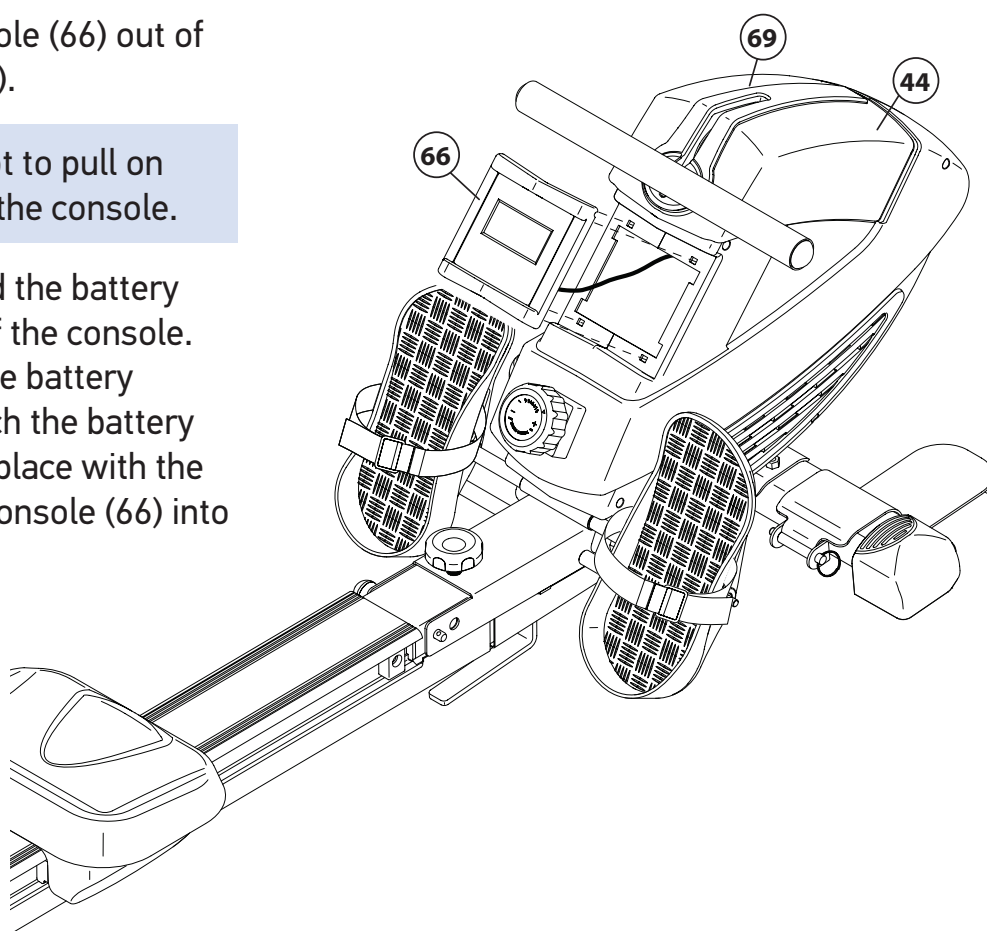
# Assembly Instructions (cont)

## Step 15

Carefully pry the Console (66) out of the Shields (44 and 69).

**NOTE:** Be careful not to pull on the wire attached to the console.

Remove the screw and the battery cover from the back of the console. Insert batteries into the battery compartment. Reattach the battery cover and secure into place with the screw and press the Console (66) into the Shields (44, 69).



**NOTE:** The console requires 2 x AA batteries (included).

**WARNING:** Batteries must be inserted according to the correct polarisation (+ and -). If the rowing machine is not going to be used for a long period of time, we recommend the batteries are removed.

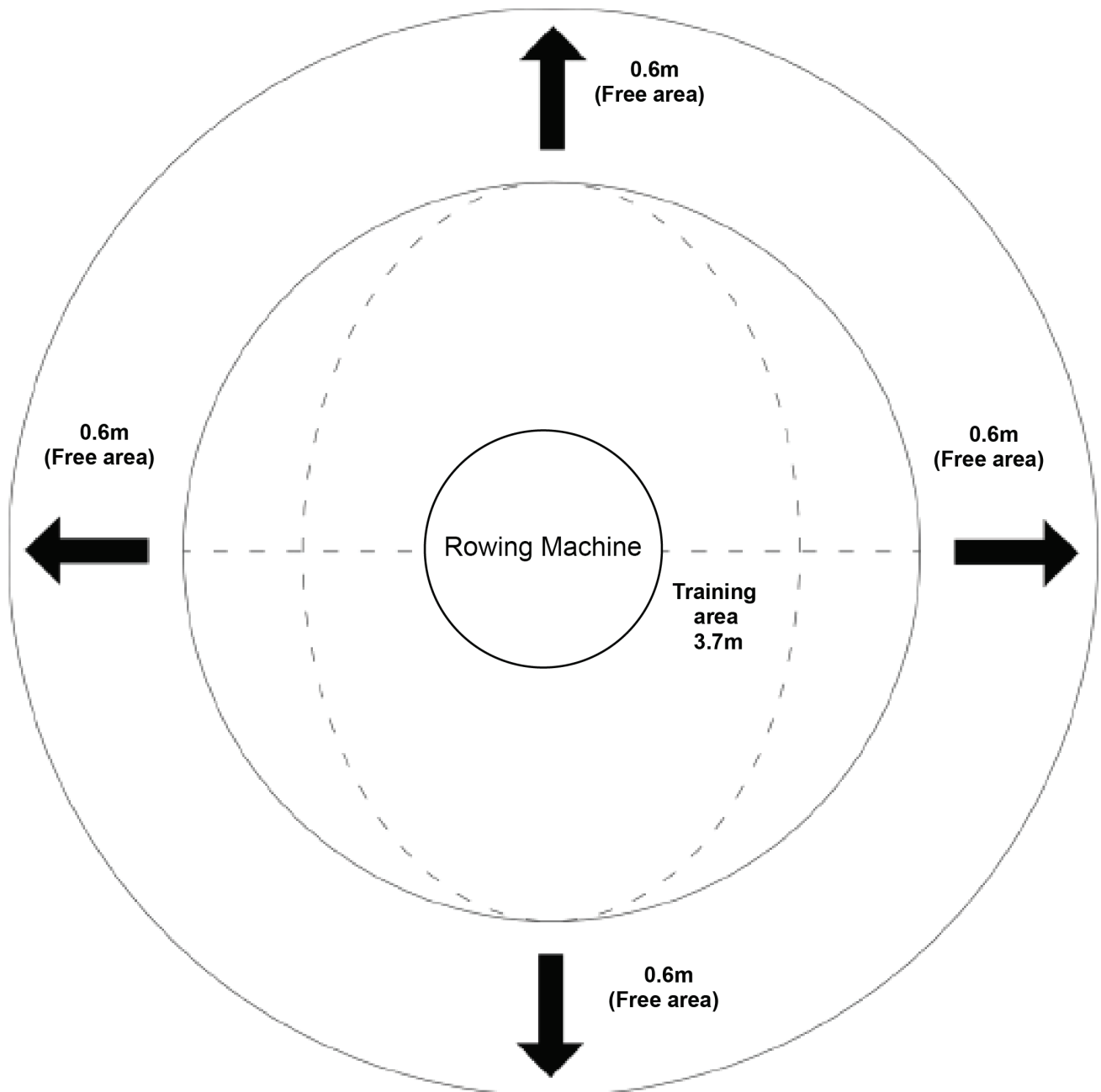
**WARNING:** To prevent battery leakage;

- Be sure to insert batteries correctly and always follow the battery manufacturer's instructions.
- Never mix alkaline, standard or rechargeable batteries.
- Use only batteries of the same or equivalent type as recommended.
- Always remove exhausted or dead batteries from the product and do not dispose of batteries in fire, batteries may explode or leak.
- Do not short circuit the supply terminals.

# Workout Area

Free area and training area.

The free area should be no less than 0.6m greater than the training area in the directions from which the equipment is accessed. The free area must also include the area for emergency dismount. Where equipment is positioned adjacent to each other the value of the free area may be shared.



# How To Use The Rower

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## HOW TO MOVE THE ROWER

Stand behind the rower and lift the rear stabiliser until the rower will roll on the wheels. Then, carefully move the rower to the desired location, and lower it to the floor.

## HOW TO ROW ON THE ROWER

Sit on the seat, place your feet in the pedals, and adjust the straps to fit your feet. Hold the row bar with an overhand grip.

Correct rowing form consists of three phases:

1. The first phase is the **CATCH**. Slide the seat forward until your knees are almost touching your chest. Pull the row bar until your hands are above your feet.
2. The second phase is the **DRIVE**. Push backward with your legs. Lean back slightly at the hips (not at the waist), keeping your back straight. As you straighten your legs, pull the row bar toward your chest. Keep your elbows outward.
3. The third phase is the **FINISH**. Your legs should be nearly straight. Continue to pull the row bar until your hands are even with your chest.

After the finish phase, extend your arms forward and pull the seat forward using your legs. Repeat this sequence, moving through all three phases with a smooth, fluid motion. Remember to breathe normally as you row; never hold your breath.

## HOW TO ADJUST THE TENSION

To vary the intensity of your exercise, you can adjust the resistance that you feel when you pull the row bar.

To increase the resistance, turn the resistance control clockwise; to decrease the resistance, turn the resistance control counterclockwise. **IMPORTANT:** To avoid damaging the resistance control, stop turning it when turning becomes difficult.

# How To Use The Rower (cont)

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## FEATURES OF THE CONSOLE

The easy-to-use console features several display modes that provide instant exercise feedback during your workouts. The display modes are described below.

**Strokes/Min.**—This shows the number of rowing strokes you are completing per minute.

**Calories**—This mode shows the approximate number of calories you have burned during your workout.

**Total Strokes**—This mode shows the total number of rowing strokes you have completed since the console was last reset.

**NOTE:** To reset the console, remove the batteries from the console and then reinsert them.

**Time**—This mode shows the elapsed time.

**Scan**—This mode shows the time, distance, strokes, total strokes, calories, and strokes per minute modes, for a few seconds each, in a repeating cycle.

**Strokes**—This mode shows the number of rowing strokes you have completed during your workout.

**Distance**—This mode will take turns to show kilometres(KM) and nautical miles(NM) every 5-6 seconds.

## HOW TO USE THE CONSOLE

Make sure that batteries are installed in the console. If there is a sheet of clear plastic on the console, remove the plastic.

1. To turn on the console, press the Mode button on the console or simply begin rowing.
2. Select one of the display modes.

**Scan mode**—To select the scan mode, press the Mode button repeatedly until an arrow appears next to the Scan label.

**Strokes per minute, calories, total strokes, time, or strokes**—To select one of these modes for continuous display, press the Mode button repeatedly until an arrow appears next to the label for the desired mode. Make sure that an arrow does not appear next to the Scan label.

# How To Use The Rower (cont)

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3. Begin rowing and follow your progress with the display. As you exercise, the console will display the mode that you select. To reset the display to zero, press and hold the Mode button for several seconds.
4. When you are finished exercising, the console will turn off automatically. If the row bar does not move for a few seconds, the console will pause. The console has an auto-off feature. If the row bar does not move and the Mode button is not pressed for a few minutes, the power will turn off automatically to save the batteries.

## **HOW TO FOLD AND STORE THE ROWER**

The rower can be stored in a folded position to conserve space. Store the rower in a location where children cannot tip it. Remove the batteries from the console when storing the rower for extended periods of time.

To store the rower, remove the Frame Knob (87) and the M13x32mm Washer (88). Next, remove the Frame Pin (37). Keep the Frame Knob and the Washer in a place where they will not become lost.

Raise the Rail (8) to the vertical position. Then, fully insert the Frame Pin (37) into the Rail Bracket (41) so that it holds the Rail in place.

## **HOW TO UNFOLD THE ROWER**

Remove the Frame Pin (37), and lower the Rail (8) to the floor. Next, insert the Frame Pin into the Frame (39) and into the Rail Bracket (41). Then, tighten the Frame Knob (87) and the M13x32mm Washer (88) into the Frame and into the Rail Bracket.

# Maintenance

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## **MAINTENANCE**

Inspect and tighten all parts of the rower regularly. Replace any worn parts immediately.

To clean the rower, use a damp cloth and a small amount of mild detergent.

**WARNING:** To avoid damage to the console, keep liquids away from the console and keep the console out of direct sunlight.

## **HOW TO GREASE THE PEDAL AXLE**

If the pedals squeak when you use the rower. Remove the Right and Left Pedals (30, 57), and apply a small amount of grease to both sides of the Pedal Axle (58). Then, reattach the Pedals.

## **HOW TO GREASE THE ROLLERS**

If the rollers beneath the seat squeak when you use the rower, apply a small amount of grease to a paper towel, and spread a thin layer evenly along the rail where the rollers move. Then, wipe off any excess grease.

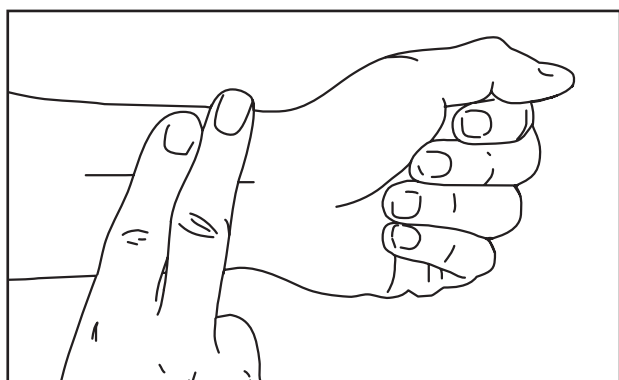
# Exercise Guidelines

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These guidelines will help you to plan your exercise program. For detailed exercise information, obtain a reputable book or consult your physician. Remember, proper nutrition and adequate rest are essential for successful results.

## HOW TO MEASURE YOUR HEART RATE

To measure your heart rate, exercise for at least four minutes. Then, stop exercising and place two fingers on your wrist as shown. Take a six-second heartbeat count, and multiply the result by 10 to find your heart rate. For example, if your six-second heartbeat count is 14, your heart rate is 140 beats per minute.



## WORKOUT GUIDELINES

**Warming Up**—Start with 5 to 10 minutes of stretching and light exercise. A warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.

**Training Zone Exercise**—Exercise for 20 to 30 minutes with your heart rate in your desired training zone. (During the first few weeks of your exercise program, do not keep your heart rate in your desired training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise; never hold your breath.

**Cooling Down**—Finish with 5 to 10 minutes of stretching. Stretching increases the flexibility of your muscles and helps to prevent post-exercise problems.

## EXERCISE FREQUENCY

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is to make exercise a regular and enjoyable part of your everyday life.

# Suggested Stretches

The correct form for several basic stretches is shown on the right. Move slowly as you stretch; never bounce.

## 1. Toe Touch Stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Hamstrings, back of knees and back.

## 2. Hamstring Stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Hamstrings, lower back and groin.

## 3. Calf/Achilles Stretch

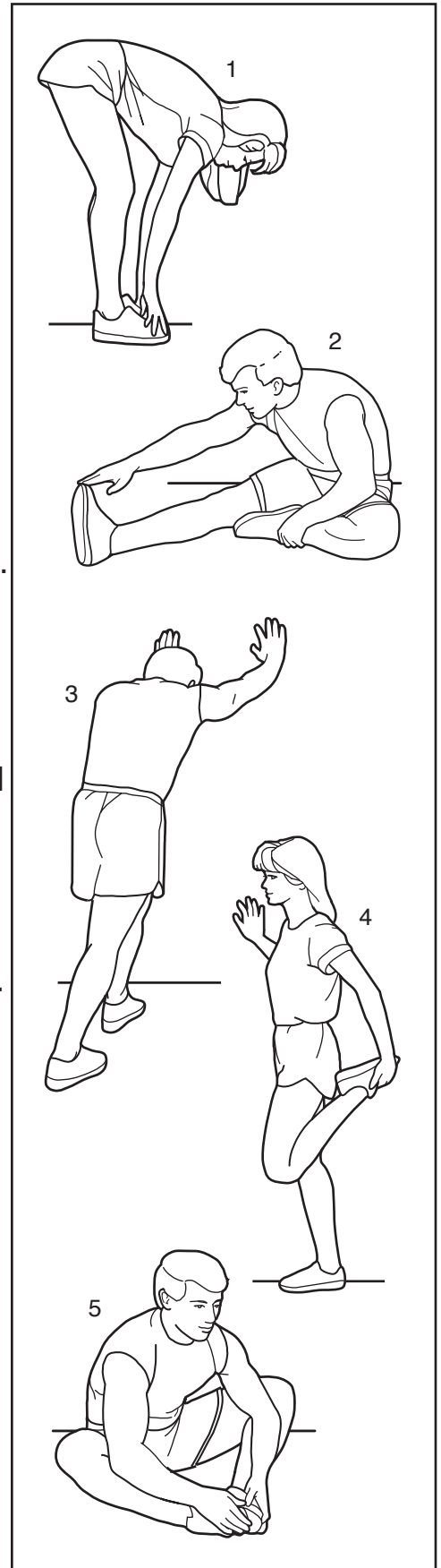
With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, then relax. Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well. Stretches: Calves, achilles tendons and ankles.

## 4. Quadriceps Stretch

With one hand against a wall for balance, reach back and grasp one foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Quadriceps and hip muscles.

## 5. Inner Thigh Stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Quadriceps and hip muscles.



# Technical Parts List

Part No.	Description	Qty.	Part No.	Description	Qty.
1	M2.5x10mm Screw	4	27	M8 Locknut	6
2	Rear Stabiliser Cover	1	28	Seat	1
3	Rear Stabiliser	1	29	Pedal Strap	2
4	Reed Switch	1	30	Right Pedal	1
5	Small Pulley	3	31	M8 Acorn Nut	4
6	M10x30mm Screw	1	32	Pedal Spacer	2
7	Rail Bracket Cap	1	33	M13x22mm Washer	4
8	Rail	1	34	Pedal Stop	2
9	M6x12mm Bolt	2	35	Stop Rod	1
10	Carriage Bumper	4	36	1/2"x100mm Bolt	1
11	Frame Bushing	4	37	Frame Pin	1
12	M5x8mm Bolt	6	38	M6x16mm Screw	6
13	Rear Foot	1	39	Frame	1
14	M8x20mm Bolt	6	40	Frame Foot	1
15	M8 Split Washer	12	41	Rail Bracket	1
16	M8x20mm Washer	14	42	Rail Cap	1
17	M4x12mm Screw	4	43	Rail Attachment Bracket	1
18	Rail Cover	1	44	Right Shield	1
19	Carriage Cover	1	45	Cord	1
20	M6 Split Washer	6	46	M10x52mm Bolt	2
21	M6 Washer	6	47	M10x20mm Washer	5
22	Seat Carriage	1	48	M4x20mm Screw	14
23	M8x32mm Screw	4	49	Left Stabiliser Cap	1
24	Roller	4	50	Front Stabiliser	1
25	Shield Cover	1	51	Foot Plate Pin	2
26	Grommet	1	52	Foot Plate	2

# Technical Parts List (cont)

Part No.	Description	Qty.	Part No.	Description	Qty.
53	Frame Cover	1	79	Cord	1
54	1/2" Locknut	1	80	13.5mm Bushing	2
55	Nut Cap	1	81	Foam Grip	1
56	Right Stabiliser Cap	1	82	Row Bar Cap	2
57	Left Pedal	1	83	Row Bar	1
58	Pedal Axle	1	84	Reed Switch Bracket	1
59	M10x48mm Screw	2	85	Tension Pulley Bracket	1
60	Large Pulley	2	86	Tension Spring	1
61	M3x10mm Screw	2	87	Frame Knob	1
62	M10 Locknut	5	88	M13x32mm Washer	1
63	Magnet Spring	1	89	Resistance Control	1
64	C-magnet	1	90	M5x35mm Screw	1
65	M8x16mm Screw	2	91	M5 Nut	2
66	Console	1	92	M10x68mm Screw	1
67	Console Bezel	1	93	M4x8mm Screw	2
68	M5x12mm Washer	1	94	M10 Washer	1
69	Left Shield	1	95	End	1
70	Spool Bushing	1	96	Cover	1
71	6001 Bearing	2	97	Clip	1
72	C-clip	2	98	M8 Washer	4
73	Flywheel Axle	1	99	M10x36mm Screw	1
74	6904 Bearing	1	100	M5x60mm Screw	1
75	Coaster Bearing	1	101	M5x10mm Bolt	1
76	Flywheel	1	102	M4x12mm Machine Screw	2
77	Spool	1	103	Rail Plate	1
78	6mm Bushing	3			



# Warranty Information

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## **Congratulations on your purchase!**

This **Magnetic Rowing Machine** is warranted to be free from defects in material and workmanship under normal use and service conditions for a period of **1 year** from the date of purchase of this article. Evidence of unfair usage or incorrect adjustment by the owner will void this promise.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

The benefits conferred by this warranty are in addition to the consumer guarantees and other rights and remedies in respect of the product which the consumer has under the Australian Consumer Law.

## **Conditions of Warranty**

All warranty coverage extends only to the original retail purchaser from the date of purchase. Please keep your receipt, tax invoice or other proof of purchase.

This warranty does not extend to any damage to a product caused by abuse, improper or abnormal usage, or repairs not provided by us or our National Service Centre. Nor does this warranty extend to products used for commercial or rental purposes. This warranty does not cover ordinary wear, tear and weathering, failure to follow directions, improper installation, improper maintenance or acts of God (such as damage caused by storms, lightning, heavy winds and by snow or ice).

## **Making A Warranty Claim**

In order to make a claim under this warranty please direct your enquiries to our National Service Centre. You can contact them on our **Freecall 1800 465 070** number or send mail to them at National Service Centre: 2/24 Anderson Road, Smeaton Grange, NSW 2567 – if mailing please include your contact details.

A service representative will then assist you in the appropriate action to be taken. For efficient processing of your enquiry please have proof of purchase, the date of purchase, the retailer name you purchased the item from, and the brand on the product. Photos of the product, and scans of receipts, may be requested to assist with your claim.

# Warranty Information (cont)

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The National Sales and Service Centre representative will assess the claim. If:

- 1) **There is a minor fault**, they can offer either a replacement spare part, replacement unit, repair or other suitable remedy.
- 2) **There is a major fault**, they can offer a replacement, repair or suggest you return to the store you purchased it from for a full refund.

**PLEASE NOTE:** a request for compensation will need documentary evidence of the loss or damage suffered. It will also need to be evidenced that such a loss was a reasonably foreseeable result of a failure to comply with a consumer guarantee under the Australian Consumer Law.

- 3) **The product was damaged through abnormal use**, no refund or repair can be offered.

The sending of replacements, spare parts or the cost of repair carried out will be organised and covered by the National Service Centre. If collection of the item is required this will be organised by the National Service Centre and at our expense. Do not return any products without authorisation as this will be at your expense.

Our National Sales and Service Centre has been set up to provide assembly assistance, replacement parts and accessories, and to efficiently handle all warranty related matters. Please note upon receiving your warranty claim our National Service Centre will send, via post or email, a repair and refurbished goods or parts notice.

## NATIONAL SERVICE CENTRE

**Contact details and hours of operation.**

**Freecall 1800 465 070**

9:00am – 4:30pm Monday to Friday (excluding Public Holidays)

9:00am – 3:00pm Saturday

**This product is warranted and distributed by:**

**Action Sports of 48B Egerton St, Silverwater NSW, 2128**

**Phone: (02) 8799 3500**

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To confirm your warranty period, register your product at

[www.actionsports.com.au/register-your-product/](http://www.actionsports.com.au/register-your-product/)

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