A3 Backrest Height Adjustment

Hold the two sides of the backrest handle, one could adjust the backrest up or down.The backrest would be returned back to the lowest when pushed to the top.There is 1.57" adjustable.

A4 Lumbar Support Height Adjustment

A. The height of lumbar support can also be adjusted by adjusting the backrest height.

B. Suitable height of the lumbar support would bring more comfort for ones waist.

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B1 Armrest Height Adjustment

Press the two-side armrest height adjustment buttons to raise or lower the armrests. There are 8 positions with 3.15" range.

Recommended armrest position: Allow arms to rest comfortably on the armrest at a 90° angle while the armrest is 1" higher than the elbow.

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B2 Arm Pad Angle Adjustment

Arm Pad Angle Adjustment:A range of 9° can be achieved by swiveling the arm pads inwards, or swiveling the arm pads outwards to achieve another 15°.

The best angle could be reached when the arms can rest naturally on the arm pads while working.

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B3 Arm Pad Width Adjustment

Width Adjustment: hold and push the arm pads outwards or inwards into a desired width of the arms. There are 1.57" range adjustment totally.

B4 Arm Pad Forward and Backward Adjustment

Forward and Backward Adjustment: Push the arm pads forward or backward to a desired position. The range for it is about 1.57".

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C1 Seat Height Adjustment

Pull up the single rod control lever and hold it while raising or lowering the seat to change the seat height. When the lever is released, the seat height is locked.

Sinceam incorrect seat height contributes to back's fatigue, it is recommended that the angle of knees is slightly less than 90° and feet are level with the floor.

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C2 Seat Depth Adjustment

Push the single rod control lever forward to adjust the seat depth (The approximate range is 1.97"). Return the lever to the original middle position, the position will be fixed.

Ideal depth is achieved when the upper legs are on the seat, the lumbar area is in touch with the backrest of the chair, and the back of knees do not touch the edge of seat cushion.

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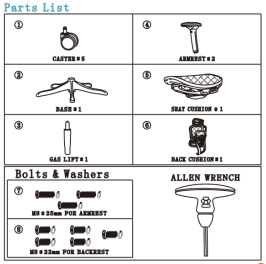
Parts List



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Product Assembly Instruction

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Function Controls

① Backrest Height Adjustment Handle
② Armrest Height Adjustment Button
③ Single Rod Control Lever for Seat Slide, Seat Height and Back Angle Adjustment
④ Backrest Tilt Tension Adjustment Handle

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Function Adjustments

A. Headrest Height, Angle, Forward & Backward Adjustment
B. Backrest Height Adjustment
C. Backrest Tilt Angle and Tilt Tension Adjustment
D. Arm Pad Angle Adjustment
E. Arm Pad Width Adjustment
F. Arm Pad Forward and Backward Adjustment
G. Armrest Height Adjustment
H. Seat Height and Depth Adjustment

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A1 Headrest Height Adjustment

Hold the handle of headrest to adjust the height of it , there are 6 position with 40mm adjustable

The most suitable height could be achieved when one's scruff is fully supported by the headrest.

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A2 Headrest Angle Adjustment

Hold the headrest cushion to adjustthe angle of it'there is 30° adjustable.

The best angle could be reached when one could move the neck naturally.

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A1 Backrest Tilt Angle Adjustment

Pull the single rod control lever completely backward and lean against back until a desired angle is achieved, and then return the lever to the original middle position to lock at an ideal angle. There are 4 positions with 25° range.

The proper backrest angle can reduce the pressure on the spine.

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A2 Backrest Quick or Slight Tilt Tension Adjustment

Pull the Lever outwards, open the Tilt Tension Adjustment Handle, and turn it forward or backward into a desired tension for quick tilt tension adjustment or close the handle and turn it forward or backward for slight tilt tension adjustment, and then close the handle and push the lever inwards to the original position to fix it.

The synchro mechanism is ergonomically designed to enhance comfort and reduce strain. The back-to-seat adjustment/tilt is 3:1 ratio.

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